

# Dot Torture

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adapted from David Blinder, www.personaldefensetraining.com

Date: \_\_\_\_\_

Score: \_\_\_\_\_ / 50

Distance: \_\_\_\_\_



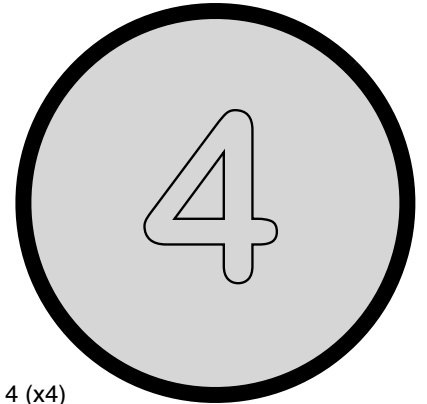
5 shots slow fire



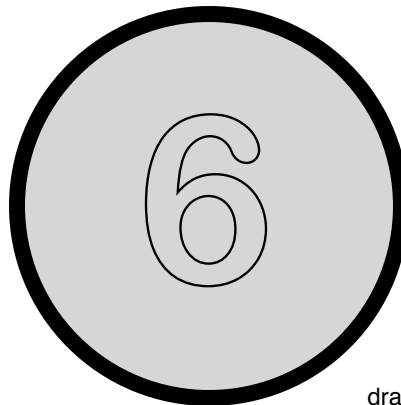
draw, one shot (x5)



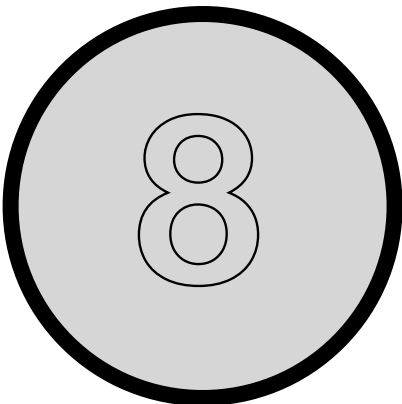
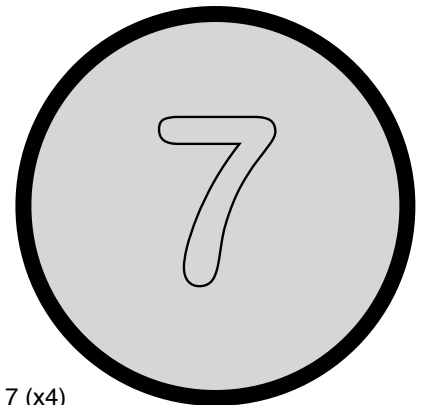
draw, 1 on 3, 1 on 4 (x4)



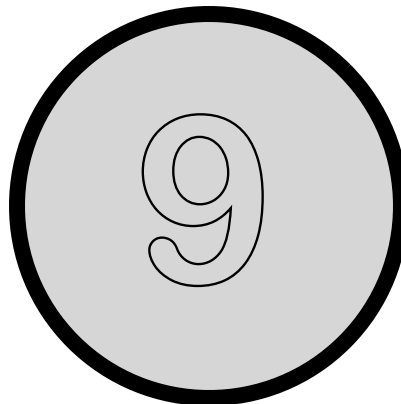
draw, five shots strong hand



draw, 2 on 6, 2 on 7 (x4)



ready, five shots weak hand



draw, 1 on 9, speed reload, 1 on 10 (x3)

